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SECURING A SLUM

BRAZILIAN POLICE STORM INTO RIO SHANTYTOWN {page 6}



FINANCIALIST

BAKER'S NEW ROLE AS WALL STREET WIZARD

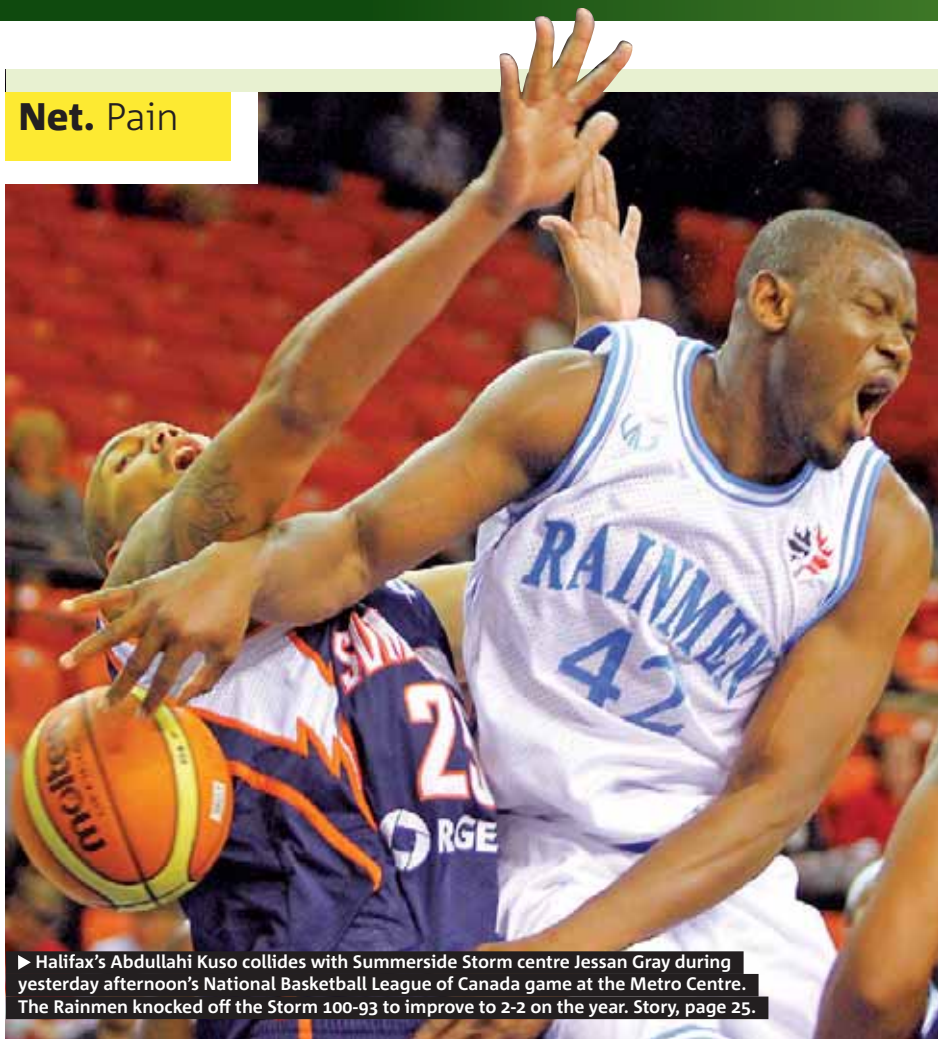
{page 12}



HALIFAX

The logo for Halifax Metro is displayed on a dark green background. It features the word "HALIFAX" in a small, white, sans-serif, all-caps font at the top left. Below it, the word "metro" is written in a large, white, lowercase, serif font. To the right of the word "metro" is a white line-art icon of a globe, showing latitude and longitude lines. A registered trademark symbol (®) is located to the upper right of the globe icon.

Net. Pain



► Halifax's Abdullahi Kuso collides with Summerside Storm centre Jessan Gray during yesterday afternoon's National Basketball League of Canada game at the Metro Centre. The Rainmen knocked off the Storm 100-93 to improve to 2-2 on the year. Story, page 25.

RYAN TARLIN/METRO

No quit in Occupiers

▶ 14 protesters arrested Friday at Victoria Park ▶ Three more on Saturday

Occupy Nova Scotia protesters say they will continue their protest even after this weekend's eviction from HRM parks and subsequent string of arrests.

Occupy Nova Scotia spokesperson Ian Matheson says the group is now looking for places they can occupy without interference from the city.

"We feel we're continuing to occupy now — in that occupy is a broad term that we're using to refer to reclaiming of public places and ideas," said Matheson.

But the group's plans don't stop there.

Matheson says the group will speak with lawyers about their protest rights and alleged incidents of excessive force used by police. For their part, police say no complaints have been filed against them so far and they will continue to enforce bylaw P-600 — used to evict the protesters over the weekend.

But the protesters believe their constitutionally entrenched rights to freedom of speech and peaceful

ANDREW VAUGHAN/THE CANADIAN PRESS



► A protester pushes a shopping cart through a row of police officers on Saturday in Halifax.

assembly should trump that city bylaw.

"They're certainly allowed to protest peacefully wherever they may choose to do that," said HRP spokeswoman Theresa Rath. "They're not allowed to set up a campground."

Matheson said they don't predict another eviction because the group wants to ensure they are on firm legal ground if they set up camp.

Even though the eviction has scattered many occupiers across the city, the group says this weekend's events made them stronger.

HEATHER GILLIS

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News in brief

Power utility seeks increase

RATES. Nova Scotia Power has filed another application to increase energy rates after finding the actual cost of fuel was higher than what it forecast.

The private utility, which is allowed to recover the actual cost of what it spent producing power, is asking for a 3.2 per cent hike.

That's on top of a 4.9 per cent general rate hike awaiting approval by the Utility and Review Board.

If both are approved, Nova Scotia Power says it could mean roughly \$9 more a month on the av-

erage residential bill.
THE CANADIAN PRESS

Library budget before HRM

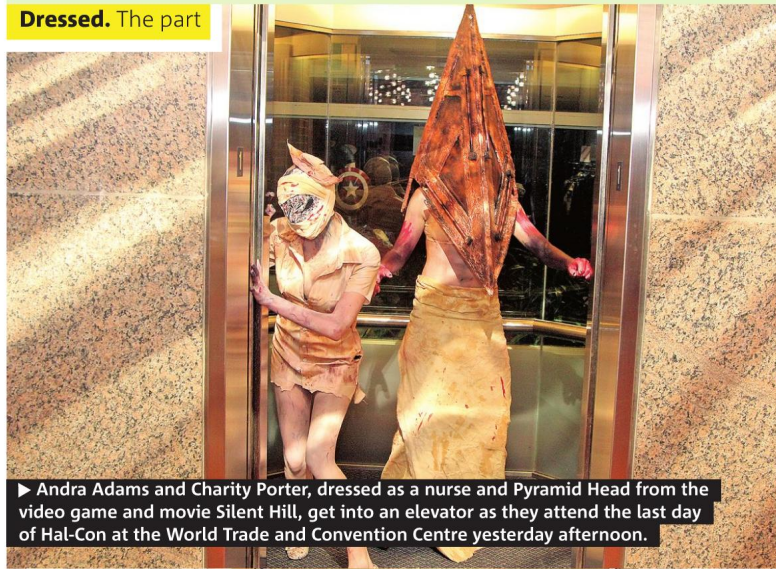
FUNDRAISING. The Halifax Regional Library Board is asking regional council to approve a \$275,000 budget for their fundraising efforts for the new central library.

The board is required to kick in \$1.7 million to the central library's capital costs.

The 2011-2012 fundraising budget, which will go before Halifax Regional Council for approval tomorrow, includes \$100,000 for consulting, \$125,000 for staff and \$50,000 in additional costs such as legal advice and advertising.

● ALEX BOUTILLIER

Dressed. The part



► Andra Adams and Charity Porter, dressed as a nurse and Pyramid Head from the video game and movie Silent Hill, get into an elevator as they attend the last day of Hal-Con at the World Trade and Convention Centre yesterday afternoon.

RYAN TAPLIN/METRO

Sci-fi festival comes to an end

Council considers special transit-fare pilot project

- SmartTrip gives employers active role in influencing how their employees commute: Report
- 'Worst case scenario' has pilot program costing HRM \$78,000



ALEX BOUTILLIER
@METRONEWS.CA

Municipal staff is recommending Halifax Regional Council approve a pilot project that would allow employers to offer discounted Metro Transit passes to their employees via payroll deductions.

If approved, the Smart Trip E-Pass would offer participating employees a one-

year Metro Transit pass for \$630, down from the current cost of \$840. The employer would be required to make up the difference to the municipality. Only 750 E-Passes would be available for the pilot year.

Staff would then recommend whether or not to continue or expand the program. A report coming before council tomorrow says the project would be considered a success if it in-

creased transit ridership by 10 per cent of E-Passes sold, or 75 riders.

The cost — or benefit — to municipal coffers would depend on how many E-Pass users are new to MetroTransit. The report estimates if no new users take advantage of the program, the cost to the municipality would be \$78,750. If all E-Pass users were new users, the municipality would take in more

than \$551,000.

"Neither of these extreme scenarios is expected, however, (and) only 94 out of 750 SmartTrip E-passes need to be bought by new users for the program to break even," the report reads.

It notes employers have multiple incentives to invest in the program, including increased retention and, perhaps most important, it's cheaper than pro-

Pilot plan

The E-Trip pilot program would form part of HRM's existing Smart Trip plan, which provides free ride matching for carpoolers.

viding more parking. Dalhousie University, which has its share of parking problems, has already expressed interest in the project.

1

news


A study finds a blood thinner could reduce repeat occurrences of heart problems but that the tradeoff is greater risk of serious bleeding. Scan the code.

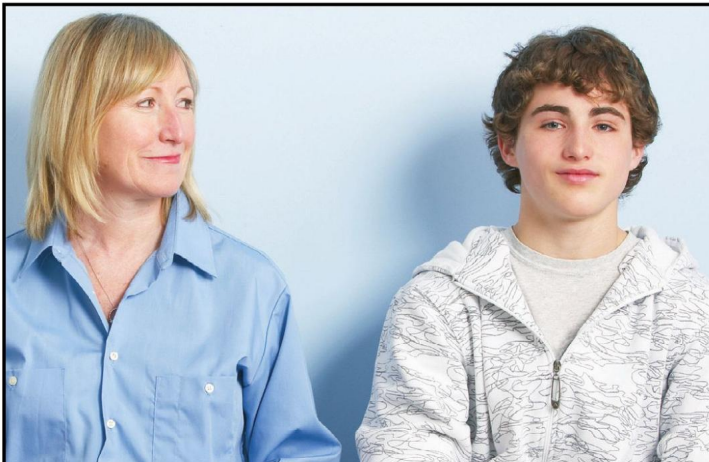
To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

At metronews.ca

The Kandahar cenotaph bearing the names and likenesses of fallen Canadian soldiers is coming home. Video at metronews.ca/video



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Council considers old Halifax west development

A staff report to be delivered to council tomorrow recommends changing the Halifax Municipal Planning Strategy and the Mainland Land Use Bylaw to allow for mixed-use commercial, residential and institutional/park developments on the site.

The sale of the property has been in the works since 2002.

The municipality finalized a sale agreement with United Gulf Development Ltd. in 2008, limiting the maximum height of any

building on the property to eight storeys and requiring a public park on the site.

UGDL's proposed development includes five buildings organized around a cul de sac off Dutch Village Road, with the park situated behind the buildings.

There has been some opposition to the project, however. In June, Chebucto Community Council received a petition signed by 185 residents opposing the development.

● ALEX BOULTIER

THE WHARF

Protesting low lobster prices

A protest is planned for this morning at Wedgeport Breakwater Wharf to send a message that fishermen, crews and families are being critically hurt by low lobster prices.

Wedgeport fisherman Kristen LeBlanc is one of the fishermen organizing the protest. He says he doesn't know what can be accomplished today, but he says it's important that attention be given to

the price issue.

There is talk on wharfs and elsewhere by many fishermen that they should refuse to go fishing at the start of the season in the hopes of driving up the price.

With the lobster season set to open in two weeks, fishermen are once again facing the prospect of low shore prices for their catches, as has been the case for the past few years.

Many fishermen say they can't afford to continuously fish lobster for such a low price, particularly since their expenses — and there are many expenses — continue to climb each year.

THE VANGUARD

Man nearly robbed for game system

Police say a man with a knife tried to rob another man of a gaming system he was carrying while walking down Portland Street around 11:20 p.m. Saturday night.

The two men struggled and the alleged suspect fled the area empty-handed. The victim was not hurt in the incident.

Police found the 22-year-old suspect on Victoria Road shortly after.

The suspect will face robbery- and weapons-related charges when he appears in court.

● HEATHER GILLIS

Shellfish closures in effect

Emergency closures for bivalve shellfish — all mussels, clams, oysters, except sea scallops — are in effect in waters within three kilometres of the shoreline in Digby, Queens and Lunenburg counties, except for the Annapolis Basin, which is still open for harvesting.

Environment Canada made a recommendation to Fisheries and Oceans Canada to close areas they believe may have exceeded acceptable water-quality criteria due to heavy rainfall Nov. 11.

DIGBY COURIER



► Mike and Nancy Rogers pose for wedding photographer Nicholas Augustus as White Point Beach Resort's main lodge burns in the background on Saturday. The couple was set to be married in the lodge but moved the ceremony to another building at the resort. Firefighters from several detachments in Nova Scotia spent about six hours battling a roaring blaze at the resort on the province's south coast.

Nova Scotia landmark resort burns down

► White Point lodge opened in 1928 as a hunting and fishing lodge

A major blaze destroyed a landmark Nova Scotia resort on the weekend.

Firefighters from many departments and an estimated 100 emergency personnel, including about 60 firefighters, were called to a blaze at the White Point Beach Resort on Saturday where they spent hours battling a major fire.

The intense fire destroyed the main lodge of the resort, which was engulfed by flames shooting high into the sky. Hotel staff and guests were evacu-

ated and there were no reports of any injuries.

A wedding was scheduled to be held at the resort on Saturday.

Resort guests stood outside, covered in blankets, as they watched the disastrous fire in disbelief.

The main lodge of the resort housed guest rooms, a dining room, a kitchen, a conference centre and a swimming pool.

It was unknown at the time what had started the fire but it began around 1:30 p.m. Strong winds

caused the fire to spread quickly through the wooden structure.

The resort was to undergo renovations early next year and it employs around 175 people.

In June Premier Darrell Dexter announced the province was providing the resort with a \$1-million loan that would be spent towards capital upgrades to rooms, recreation facilities, technology, security and new marketing initiatives.

And just a week ago it was announced that White

Point Beach Lodge was selected to host Nova Scotia Music Week next November.

John Leefe, the mayor of the Region of Queens, said given the number of people employed at the resort — not to mention the tradition associated with it — the fire is a major blow to the region.

The area is already dealing with the possible shutdown of the Bowater Mersey paper mill, along with declines in tourism.

THE QUEEN'S COUNTY ADVANCE

Proposed law aims to deter metal theft

A law aimed at curbing the theft of copper and other metals from such things as oil tanks and power substations is being proposed by the Nova Scotia govern-

ment.

Justice Minister Ross Landry said legislation introduced Thursday would require dealers and recyclers of scrap metal to keep

a record of all transactions and the identity of the seller. Landry said the penalty for not following the law would be a fine of up to \$5,000 or one year in jail.

He said regulations were still being worked on through consultations with scrap dealers, police and the opposition parties.

THE CANADIAN PRESS

In. Remembrance



► Memorial Cross recipient Cain Blake, 15-year-old son of Petty Officer 2nd Class Craig Blake, who lost his life in Afghanistan in 2010, and his mother, Prisilla Blake, attend Remembrance Day ceremonies in Halifax on Friday.

ANDREW VAUGHAN/THE CANADIAN PRESS

Wife and son honour fallen soldier

'Today we remember Amber's warmth, her vitality, her love of life'

◆ Missing teen's body was found in a wooded area of Heathbell ◆ No charges laid in homicide investigation

As mourners entered Our Lady of Lourdes Church Saturday morning to lay Craig Kirwan to rest, her family sent a message that this was a time to honour her life.

Kirwan's cousin, Tara Costen, read a statement on behalf of the family prior to the start of the funeral.

"Words cannot express our heartbreak, our sorrow or our profound sense of loss," she read from a prepared statement, as mourners entered the church, many wearing green ribbons, a symbol seen many times over the past month to

mark the search for Kirwan, on their lapels.

"Amber was a wonderful daughter, sister, granddaughter, niece, cousin, friend and girlfriend," she said.

"Today we remember Amber's warmth, her vitality, her love of life and the joy she brought to all of us."

Kirwan went missing on Oct. 9 and was last seen as she left Dooly's in New Glasgow, headed towards Big Al's, where she was planning to meet her boyfriend, Mason Campbell. She never arrived.

Her body was found in a wooded area of Heath-

bell last Saturday, sparking a homicide investigation. No charges have yet been laid in relation to the case.

"We are proud to share Amber's legacy with the community and we'd like to thank everyone for their support during this extremely difficult time," Costen said.

"Thank you for being here today and for helping us remember a truly special girl who will never be forgotten by those who knew her — or by those who came to know her through the most tragic of circumstances."

NEW GLASGOW NEWS

POLICE SEARCH

Suspect sought in ATV theft

Police were circling a Trenton neighbourhood

for more than an hour Saturday as they searched for a man accused of stealing an ATV in the town.

The man, who is described as tall, between 18 and 20 years old, with a medium build and wearing a dark-coloured toque, was last

seen in the Strickland Avenue area.

The man is believed to have stolen an ATV from First Street Extension area of Trenton shortly before 2 p.m. Saturday. The ATV has since been recovered. The K-9 unit was called in to assist.

NEW GLASGOW NEWS



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NOVA SCOTIA

World in brief

Israel limits funding

JERUSALEM. Senior Israeli cabinet ministers took a significant step yesterday toward curbing foreign funding for political not-for-profit organizations, a measure that opponents see as trying to muzzle dovish groups critical of the government.

The Ministerial Committee for Legislation approved a bill that would limit donations by foreign governments or international bodies such as the United Nations or European Union.

THE ASSOCIATED PRESS

Hamas being targeted

GAZA. Weeks after a new round of fighting with

Gaza militants subsided, a senior Israeli military official said yesterday that Israel is ready and able to topple the territory's Hamas government, though it has no immediate plans to do so.

The official also said Gaza militants now have rockets capable of striking Tel Aviv, Israel's cultural and business hub.

THE ASSOCIATED PRESS

No trial in sensitive case

SWITZERLAND. Swiss prosecutors will opt to avoid a public trial for three Swiss men suspected of giving nuclear-weapons technology and supplies to a rogue network in Pakistan, a newspaper reported yesterday.

The case is politically sensitive for Switzerland and the United States because of alleged national-security implications

THE ASSOCIATED PRESS

Soldiers move in on Brazilian shantytown

► Operation part of effort to improve country's image ahead of 2014 World Cup and 2016 Olympics ► Took police 90 minutes to gain control

More than 3,000 police and soldiers backed by armoured personnel carriers raced into Brazil's biggest slum before dawn yesterday, quickly gaining control of a shantytown ruled for decades by a heavily armed drug gang.

"We're taking back this territory for the 100,000 citizens of Rocinha, people who have needed peace," said Sergio Cabral, governor of Rio de Janeiro state.

The action in Rocinha is part of a campaign to drive the drug gangs out of the city's slums, where the traffickers often rule unchallenged. The city of Rio de Janeiro has more than

Leader's house



► Down a side alleyway, police discovered a house they said belonged to the No. 2 gang leader, Sandro Luiz de Paula Amorim,

known as "Peixe," who was captured by police a few days earlier as they circled Rocinha with roadblocks.

► In stark contrast to the impoverished shacks around it, Amorim's three-storey home was outfitted with a large whirlpool bath, swimming pool, massive aquarium, high-definition TV and just one book: the ancient Chinese military text Art of War.

1,000 shantytowns where about one-third of its six million people live.

Police simultaneously overran the neighbouring

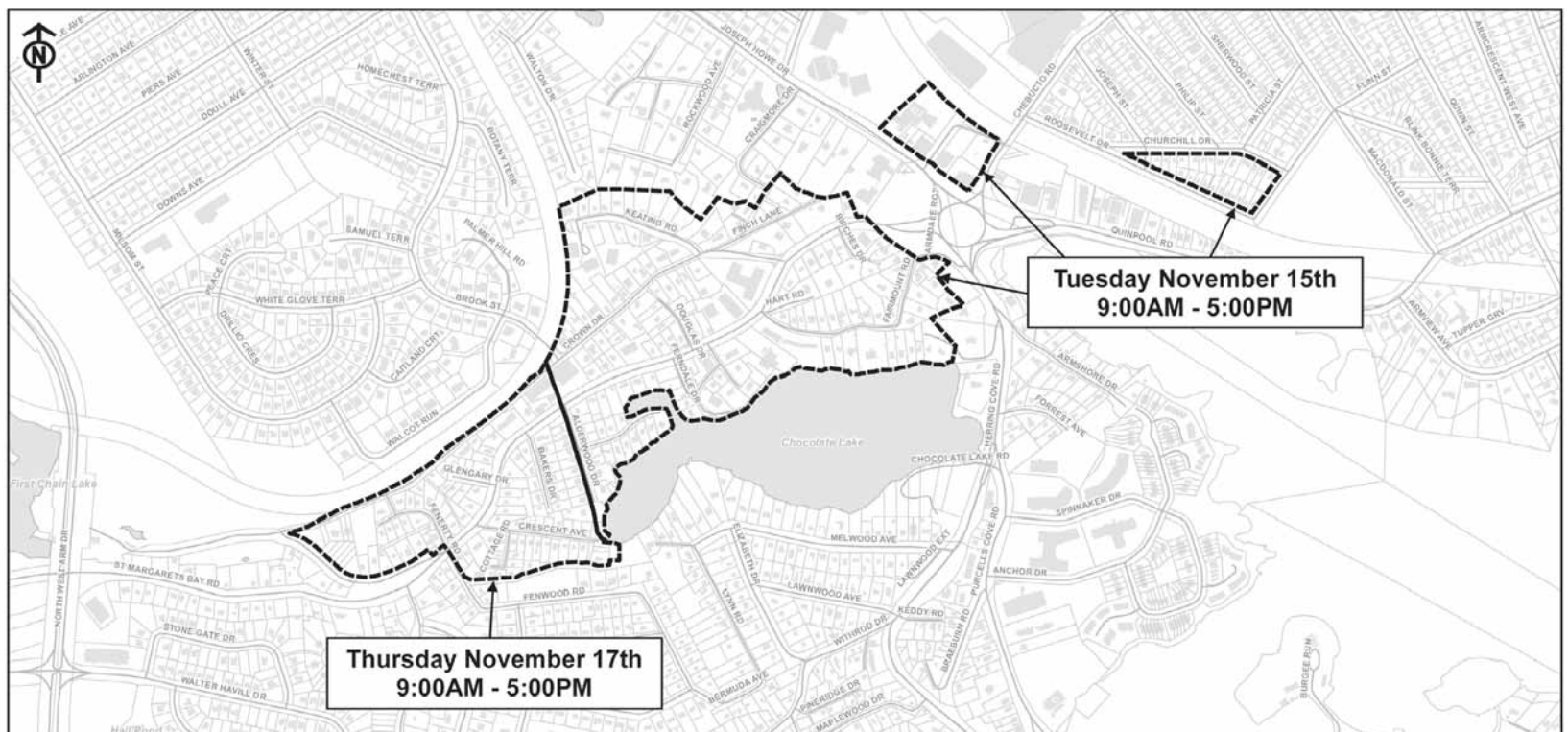
Vidigal slum, also previously dominated by the drug gang Friends of Friends.

Both slums sit between

two of Rio's richest neighbourhoods, and Rocinha's ramshackle shacks climb a mountainside covered in Atlantic rain forest. Police methodically cleared alleys and streets on their way up steep, winding roads.

Officials are now calling on the shantytown's residents to help law enforcement find drugs and weapons hidden in the community. The head of Rio's civil police, Marta Rocha, made a special appeal to the "mothers, sisters, grandmothers, aunts" to collaborate with the peacekeeping effort.

THE ASSOCIATED PRESS



Halifax Water is undertaking pipe leak detection on key sections of water transmission mains extending from Northwest Arm Drive to Quinpool Road. As part of this work, connections to the affected pipes larger than 50 mm in diameter must be temporarily closed. These closures include the side streets and service laterals in the area noted above.

Temporary water disruption, loss in pressure or discolored water may occur in the above noted areas on given dates and times.

Halifax Water regrets any inconvenience these temporary water service disruptions may cause.

For more information please contact Halifax Water at 490 - 6940





► People watch police officers ride past in the shovel of a bulldozer in the Rocinha slum in Rio de Janeiro. Elite police units backed by armoured military vehicles and helicopters invaded the largest slum in this seaside Olympic city early yesterday.

Egyptian blogger taken into custody

Egypt's military ordered a prominent blogger to be held in custody for 15 more days yesterday in a move likely to focus criticism against the country's ruling generals in the run-up to parliamentary elections, due to begin later this month.

The detention of Alaa Abdel-Fattah, a well known blogger and leader during the 18-day uprising that ousted President Hosni Mubarak in February,

has elicited international condemnation and galvanized those who accuse the army of using Mubarak-era tactics to smear critics.

His family has used his case to draw attention to the 12,000 Egyptians who have faced military trials this year — one of the key issues that have brought relations between activists and the military to a new low.

THE ASSOCIATED PRESS

Family history



► The blogger's father, Ahmed Seif al-Islam, spent five years in the same prison complex that now

holds his son. The father was jailed for underground organizing against the Mubarak regime during the 1980s. ► His mother, Laila Soueif, a mathematics professor and longtime campaigner for academic freedom, said that yesterday marked her eighth day without food to protest her son's arrest. She vows to continue until he's free.

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Woman challenges right-to-die law

► Opponents fear abuse by those who stand to gain from death of someone who cannot provide their consent

It's been nearly 20 years since Canada's laws on assisted suicide have been challenged by a terminally ill person, and now a similar right-to-die case has thrust the issue back into

the spotlight.

Today, lawyers for Gloria Taylor, 63, will be in B.C. Supreme Court to argue against laws that make it a criminal offence to help seriously ill people

end their lives.

In August, the Farewell Foundation lost its court battle to have the laws changed because its plaintiffs were anonymous, but in a separate case, Judge



► Gloria Taylor

Lynn Smith agreed to fast-track a hearing for Taylor, who

wants a doctor-assisted suicide. She suffers from ALS, or Lou Gehrig's disease, an incurable illness that gradually weakens and degenerates muscles to the point of paralysis.

In Canada, it's illegal to counsel, aid or abet a person to commit suicide, and the offence carries a maximum punishment of 14 years in prison.

THE CANADIAN PRESS

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Fallen. Heroes



► Canadian Forces Sgt. Scott Noonan, from Edmonton, packs away the commemorative plaques as they dismantle the Canadian War Memorial at Kandahar Airfield in Afghanistan on Saturday.

RYAN REMIORZ/THE CANADIAN PRESS

Memorial dismantled

The entire monument was to be shipped to Canada and reassembled in the Ottawa area after the final Remembrance Day ceremony was held in Kandahar.

Told you so, say Vancouver cops in wake of discharge

PHYLICIA TORREVILLAS
IN VANCOUVER

Vancouver police Chief Jim Chu reaffirmed his force's initial decision not to rush charges against Stanley Cup rioters after an 18-year-old linked to the riot received an absolute discharge.

Karanvir Singh Saran was arrested just one day after the Canucks' loss to the Boston Bruins of the Stanley Cup final by Surrey RCMP and charged for possession of stolen property.

He pleaded guilty Nov. 2 in the Surrey provincial court for possessing clothing stolen from a store during the June 15 riot. Saran was given an absolute dis-

charge, which means he will not have a criminal record. Surrey RCMP led the investigation and made the arrest, which was independent of the Integrated Riot Investigation Team's investigation.

Chu said the absolute discharge supports the force's decision to take its time with the investigations.

"This reaffirms what we have said from the start: It's crucial that we take our time to gather and process evidence to help support the greatest number of convictions with the most severe penalties," Chu said in a statement.



► A flag-waving crowd in Rome celebrates with sparkling wine on Saturday night after Silvio Berlusconi resigned as prime minister of Italy. His successor, Mario Monti, is charged with steering the country out of debt and bringing it back from the brink of economic crisis.

Monti new Italian PM

► 'There is an emergency, but we can overcome it with a common effort,' interim leader tells the nation

Economist Mario Monti accepted the monumental task yesterday of trying to form a new government that can rescue Italy from financial ruin.

His selection came a day after Silvio Berlusconi resigned as prime minister, bowing out after world markets pummelled Italy's borrowing ability. Berlusconi quit after the Italian parliament approved reforms demanded by the European Union and central bank officials. But even those are not considered enough to right Italy's

Market moment



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ailing economy.

Monti, 68, must now draw up a cabinet, lay out his priorities and win a confidence vote in parliament.

The next Italian government needs to push through even more painful reforms to deal with 1.9 trillion euros in debt, about 120 per cent of the country's economic output. Many of those debts are coming due soon: Italy has to roll over more than 300 billion euros of its debts next year alone.

THE ASSOCIATED PRESS



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Registration: For more information about these courses or for registration, contact SMU Division of Continuing Education at 420-5492 or conted@smu.ca.

Upcoming Courses Winter 2012

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Colombia.....3.9 C/min	Mexico.....1.9 C/min	U.A.E.....14.9 C/min
Cuba.....89.9 C/min	Pakistan.....5.9 C/min	Ukraine.....7.9 C/min
El Salvador.....9.9 C/min	Philippines.....11.9 C/min	U.K.....2.9 C/min
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A LESSON IN 'DEMOCRATIC DECISION MAKING'

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STEPHEN KIMBER
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Dear Mayor Kelly, Congratulations. You showed those damn dangerous ... democrats.

Who knows what calamities might have befallen

our fair city if those peaceful hooligans had been allowed to stage yet another one of their interminable, consensus-decision-making general assemblies on our sacredly public Grand Parade (which, until very recently, of course, served as a sacredly private parking lot for you and your fellow councillors, but, hey, that's another story)?

Those dirty hippies could certainly take a lesson from you on doing democratic decision making right. Mumble, mumble, secret handshake, consensus achieved, call in the cops, Chinese wall, operational decision, nothing to do with us, move along, move along ...

Brilliant.

And that bargaining-in-bad-faith thing you did with them? Inviting them to camp out at the Common to get them away from your office and then, zap! No Victoria Park, no Grand Parade, no Common. Nyah, nyah ... Bylaw-enforcement time. Bam!

I mean, really, if they wanted to flout the law, they should have done it in style — shredding the city charter like you did with that Common concert-cash thing. Now, that was flair!

The fact is, if you're going to inconvenience the public, do it right. Forcing people to wander among tents and tents to get where they're going? No imagination. Close down

the heart of the Common for a couple of weeks to put up a sound stage for some rockers no one pays to see. Now that takes guts.

So what if their tent city was less violent than the Palace on an average Friday night?

Personally, I thought the police — all dozens of them, accompanied by their light-flashing paddy wagons, patrol cars, motorcycles and tent-toting vans — showed remarkable restraint for being on statutory holiday overtime pay. What is that? Double time? Double time and a half?

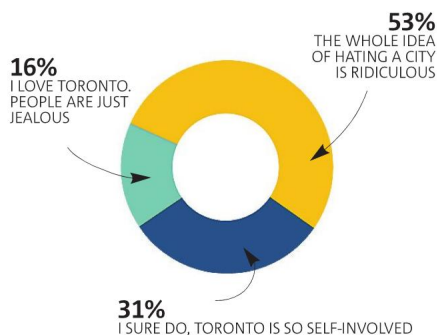
I agree. We have to be willing to pay a price for democracy, and it was vital the dismantling be done on Remembrance Day in the torrential rain and mud so the public would be able to see exactly what those hippies had done to our parks.

Mr. Mayor you showed them ... what your democracy looks like. Congratulations!



Register at
metropolitanpanel.ca
and take the quick poll

So do you hate Toronto, too?



Local tweets



► @Alli-something: Hey Peter Kelly, remember

when you didn't want #occupyns to overshadow #remembranceday? You just overshadowed it. #Nspoli #Halifax #occupy

► @HilaryChoi: Can not believe that I'm finally graduating from Mount Saint Vincent University today!!! #MSVU #Halifax

► @AndreaBonsey: Beautiful morning in Halifax. Cup of tea then walking the dog

► @candynpopcorn: Heading to the rink. I cheer for the referees. Respect our

officials. They are someone's children too. #fairplay #ringette #Cari #hockey

► @rimsonYTP: I enjoy random moments like going out to my car on a quiet early morning to see a lone seagull taking a stroll down the middle of the street

► @erinlbower: Went through a road block last night & the cop asked if I was sure my Jeep didn't really belong to Steve Irwin

► @Alleycat17: On the road back to Halifax. Yawn. Stopping at Tim Hortons first. Can I grab anything for anyone? #GoodMorning

Worth Mentioning

HERMAN CAIN SAYS JOKE ABOUT ANITA HILL WAS 'MEANT TO BE FUNNY'.

U.S. Republican presidential candidate Herman Cain — facing allegations of sexual harassment — is defending a joke he made about Anita Hill.

Cain said he was approached at a recent event by a supporter who said Hill was trying to contact him.

Cain responded by asking whether Hill was going to endorse him. Hill famously accused then-Supreme Court nominee Clarence Thomas of sexual harassment.

In an appearance Friday on Fox News Channel, Cain called the supporter's comment "hilarious" and said his own reply was meant to be funny.

Four women have said Cain sexually harassed them when he led the National Restaurant Association more than a decade ago.

Some Cain backers have compared the Georgia businessman's treatment to that of Thomas, another high profile black conservative.

THE ASSOCIATED PRESS



photo of the day

► This photo titled *The End*, was submitted to the Photo of the Day category by bongopix from Toronto.



Metro invites its readers to join the Metro Global Photo Challenge — running in 100 cities on four continents — to win fantastic prizes and worldwide recognition. Enter your digital photos at metrophotochallenge.com. The contest runs until Nov. 22. As well as a chance to win a trip to any city Metro publishes, one submission will also be featured here daily.

WEIRD NEWS

Italian team tackles mafia on soccer pitch

The Italy national team trained yesterday on a pitch that was confiscated from a crime syndicate to show support for the fight against the mafia.

Cesare Prandelli's team was welcomed onto the pitch by around 1,000 spectators. The initiative was organized by Libera — an association that co-ordinates groups trying to stop organized crime.

"The fight against the mafia

happens on the ground, but above all in Rome, in parliament," Libera president Luigi Ciotti said. "The real fight against the mafia is done with social policies, defending jobs, starting with those who have them.

"I invite the football federation to join Libera's network of 1,600 associations without political colours."

Calabria's 'Ndrangheta crime syndicate is today considered more powerful than the Sicilian mafia and has become one of the world's biggest cocaine traffickers.

"It's the third time we've inaugurated this pitch," Ciotti added. "Either we really put ourselves to work for change, or it will all be in vain. Change starts with each one of us."

THE ASSOCIATED PRESS

Lautner's 'were'withal

► **Twilight's main werewolf** talks about the difficulty in translating some strange situations from the book onto the big screen ► **Is mum on a rumoured future project with Milk filmmakers**

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN HOLLYWOOD

For the fourth installment of the Twilight franchise, Taylor Lautner knew he was going to be in for some pretty bizarre stuff — even for a franchise about vampires, werewolves and moody teens. His character, the werewolf Jacob, finds himself in the awkward position of “imprinting” on Renesmee, the newborn daughter of Bella (Kristen Stewart) and Edward (Robert Pattinson). “That was... tough,” Lautner admits. “Because what is imprinting? What do you look like when you imprint? I mean, those were all the questions going through my head.”

For the uninitiated, imprinting is what happens when a werewolf finds his soulmate, at least in author Stephenie Meyer's world.

“Luckily we had Stephenie on set the entire time, and trust me I asked her a million times, ‘OK, explain to me one more time what imprinting is exactly?’ and ‘What is he doing when he’s imprinting?’ It was very, very confusing,” Lautner says.

And filming the sequence didn't necessarily make it any clearer, unfortunately, thanks to the mechanics of the special effects. “When we filmed it, they put an X on a wall



► Taylor Lautner says he goes back and forth with his character Jacob's persistence to be with Bella.

and said, ‘This is Renesmee. You’re going to walk in the room, you’re going to look at the X and you’re going to imprint,’” Lautner remembers.

“And I’m like, ‘Are you kidding me?’ It was tough, it really was. But now after seeing the final version, I’m really happy with it. It really is a special moment, but on the day it was a leap of faith.”

The business with the baby was something he'd been anticipating, of

course, and he admits that while he gets the overall romance of the story, it does seem like an odd consolation prize. “I get a baby? Yeah, yeah. I have gotten over that by now,” he says. “I remember the first time reading the book, I was so confused. I was like, ‘Wait. He’s trying to get Bella the whole time, and he strikes out so he goes with her child?’ It really took a second.”

With the franchise — and its central love triangle

— coming to some sort of resolution across the two Breaking Dawn films (part two hits theatres a year from now), Lautner has a chance to look at his character's reluctance to let Bella go, even as she's marrying her beloved vampire. “I go back and forth with Jacob's persistence,” Lautner admits. “I mean, most of the time, yeah, I can understand it. Because there's been things in my life that I have wanted so much, and when you're

What's next for Lautner

Since Taylor Lautner shared a dinner with director Gus Van Sant and screenwriter Dustin Lance Black recently, Hollywood insiders have been speculating about some sort of team-up. All that came to a head when, earlier this month, it was reported that Lautner would be starring in a movie directed by the Milk filmmaker, based on an unidentified article published in the New Yorker. Lautner is cryptic when pressed on the issue.

► “He is a very, very talented director who I've always looked up to and I've always wanted to work with,” he says. “It's very premature, so I really don't have much to say now other than the fact that I really, really respect and would love the opportunity to work with him.” As for the report that it's based on a New Yorker article? “Um... there is a project like that floating around somewhere on this planet,” Lautner says, grinning.

told no you've just got to keep going. But yeah, there's moments where I'm just like, ‘Dude, you've got to get over it. She's married now. She's on her honeymoon, it's about time to move on.’”

2

scene

Scene in brief



The gods of ancient Greece have extended their rule to the weekend box office with a No. 1 debut for the action tale Immortals. The film took in \$32 million domestically, while studio estimates Sunday put Adam Sandler's new comedy Jack and Jill at No. 2 with a \$26 million opening. Puss in Boots was No. 3. It earned \$25.5 million. **THE ASSOCIATED PRESS**



Meryl Streep, Ralph Fiennes
lead Oscars tribute to
Vanessa Redgrave in London.

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Baker is on call

► The Mentalist's Simon Baker takes a stab at playing a soulless Wall Street wizard in Margin Call ► Shares his thoughts on greed and morality

ANNE BRODIE
SCENE@METRONWS.CA

Simon Baker's affable, open Patrick Jane on the TV phenom *The Mentalist* is light years away from the mannered, restrained wizard of Wall Street he plays in the financial thriller *Margin Call*. Jared Cohen leads a team of self-serving execs to find a way to cover his company's worthless leverage in the first days of the economic meltdown.

You play a seemingly soulless man caught in one of the worst disasters of our time.

If there is any parallel I can draw in the journey, my character is a device. We follow young Seth, Penn Badgley, and the young analyst played by Zachary Quinto and Kevin Spacey and a little of Demi Moore on emotional trips. Jared is largely a device, like the last scene that I have with Penn. Here is the young guy

that wants to be Gordon Gekko and a hotshot, and he's definitely a product of that mould. I thought it was important to make a deal with the devil. He's not going to stand down and show signs of weaknesses in the offices with coworkers but that affected quality is what I was looking at, the protective shell. That's how they disconnect themselves emotionally.

It's an interesting view of the crash, seeing not from the victims' point of view, but from the perpetrators. Are we meant to



► Simon Baker

JASON KEMPIN/GETTY IMAGES

morality tale. But he doesn't. At some points it is heavy handed, but there are some grace notes and delicate notes, that are hard to verbalize that just land sometimes. There are certain moments, particularly Paul Bettany's performance.

film, the idea being that amorality in business works.

Writer director J. C. Chandor is the son of a guy that worked his whole career in the finance industry and he's a pretty folksy kind of a guy. He's obviously going to impart his own soulful kind of approach to what that world is and his take on it and play with the idea of it being a

feel sympathy?

I don't think we're meant to feel sympathy but I think that what it does reflect is that they are human and fallible. It's just too easy to pin an idea of them being soulless, inhuman people. I don't think we should feel sympathy, but understand that greed really is a part of human nature and it can take over and this is where we see it. Deep down inside Kevin Spacey there is a lot of soul. His humanity sort of wins out, and in my case you can see vulnerability a tiny bit but he never lets it show.

Morality is the core of the

Billy's back

► Crystal returns to host Oscars for the ninth time

The 63-year-old comedian and veteran Oscar host said Thursday on Twitter that he is hosting this season's Academy Awards "so the young woman in the pharmacy will stop asking my name when I pick up my prescriptions."

"Some of the best moments of my career have happened on the Os-

car stage," said Crystal in a statement from the Academy of Motion Picture Arts and Sciences. "I am thrilled to be back there."

This will be the ninth Oscar stint for Crystal, one of the most pop-



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LUSCIOUS EMBRACE



► Billy Crystal

ular Oscar hosts of recent years. His last time was in 2004. Only Bob Hope hosted more Oscar

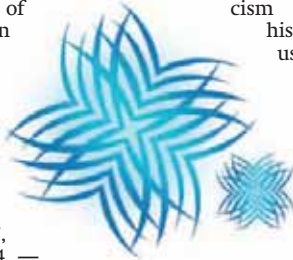
shows. Academy president Tom Sherak called Crystal "a comic legend and Oscar icon, and it feels good to have him back where he belongs."

The naming of Crystal follows a groundswell of sentiment for his return after he led a tribute to Bob Hope on the 2011 Oscar show for which he received a standing ovation.

Crystal previously hosted in 1990, 1991, 1992, 1993, 1997, 1998, 2000, and 2004 — some of the most successful shows in Oscar history. Comedian Eddie Murphy had been

chosen to host the Feb. 26, 2012, show, but pulled out Wednesday following the departure on Tuesday of producer and friend Brett Ratner, who left

amid criticism of his use



of a pejorative term for gay men at a screening of the director's action comedy Tower Heist.

THE ASSOCIATED PRESS

Is Adam Sandler zero per cent funny?

► Comedian's latest movie, Jack and Jill, gets trashed by critics ► Here, some of the biggest flops of all time



► Adam Sandler's Jack and Jill has the dubious honour of being among the worst-reviewed movies of all time.

This weekend, Adam Sandler's comedy Jack and Jill, in which he cross-dresses to

play his own sister, debuted to a zero per cent — later upped to three per cent — rating on the critic aggregation website Rotten Tomatoes. Even Yogi Berra and The Smurfs scored higher.

Here are the few films that scored even worse — zero per cent and staying there.

Troll 2 (1990)

The cult classic, about a group of vegetarian monsters, is so bad, it was the subject of a documentary called Best Worst Movie — directed by one of the cast members. Funniest part: there are no trolls in Troll 2.

Pinocchio (2002)

Remember Roberto Benigni? The Life is Beautiful actor who won the Oscar and climbed over the chairs at the ceremony? He cast himself as Pinocchio in this live-action disaster. "What can one say about a balding 50-year-old actor playing

an innocent boy carved from a log?" asked one critic.

Superbabies: Baby Geniuses 2 (2004)

Talking babies battle bad guys with super powers and farts. It's from the director of another critically-acclaimed hit: Porky's.

Strange Wilderness (2008) and Bucky Larson: Born to Be a Star (2011)

One's a satire of nature documentaries, featuring Bigfoot, and the other is a satire of porn, featuring a small penis.

Who executive produced these masterpieces? Adam Sandler.

► METRO



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Daily Show's Bee savours Canadian work

► Comedian keeps busy with TV guest appearances, parenting blog ► Toronto native says she loves to come home

Regular appearances as the "most senior" correspondent on The Daily Show haven't stopped Samantha Bee from squeezing in a slew of Canadian side proj-

ects.

But living and working in New York has made it difficult for the sharp-tongued comic to actually watch the Canuck TV

shows she appears in.

Bee bemoans the fact that she'll again be in the U.S. when her upcoming cameo on CBC-TV's Michael: Tuesdays and

Thursdays airs tomorrow.

"It is actually crazy that I can't even watch the show," Bee says in a recent phone interview from her New York office, where she was

working on a segment for The Daily Show.

If it weren't for all the work she's been getting north of the border, Bee might not ever get to see any Canadian series, she notes.

"I have a role in (HBO Canada's) Good Dog as well and so I was in Canada shooting that and I was able to watch I think three episodes of (Michael: Tuesdays and Thursdays), which I thought was terrific," says Bee, who appears as a TV talk show host on this week's instalment.

She notes she had never even seen the psychiatry sitcom when she accepted an invitation to be on it, but had a good feeling about the show. Bee says she was drawn to Michael by the prospect of sharing the screen with longtime friend and star Matt Watts, who she's known for "years and years and years" stretching back to their sketch comedy days in Toronto.

"He actually was incredibly influential — he's one of the people who made me

go into comedy," says Bee, part of an all-female comedy troupe called The Atomic Fireballs before she joined The Daily Show in 2003.

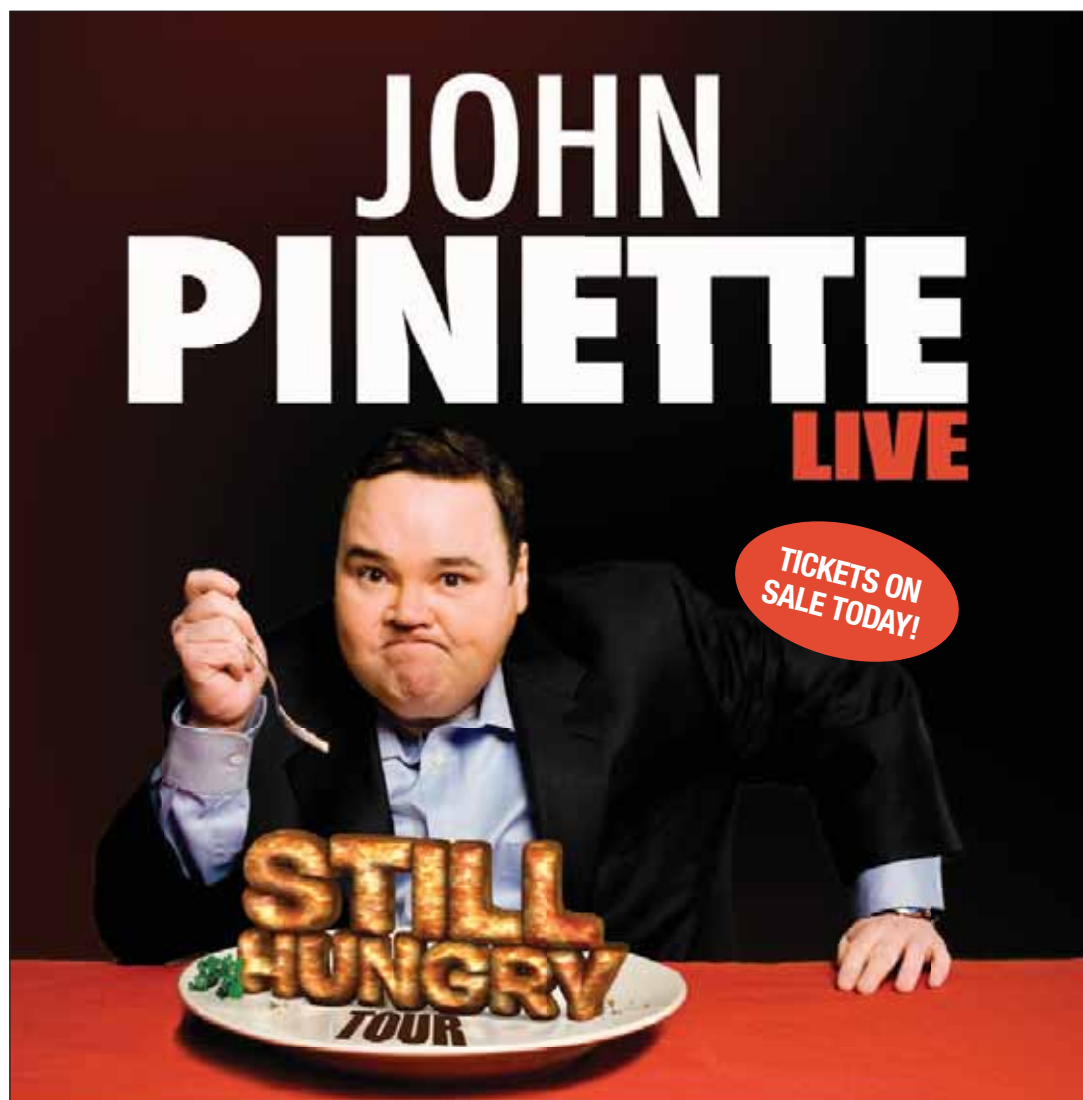
The Toronto-born Bee — who joins a growing list of high-wattage stars to drop by Michael, including Ed Asner and Sandra Oh — says she relishes any opportunity to return home.

But it hasn't been easy with a demanding Daily Show schedule that keeps her busy year-round, she says. She notes she was flattered to be recently named Canadian Comedy Person of the Year but was unable to attend the ceremony.

Still, Bee has made time to squeeze in writing for a cross-border parenting blog with friend and former Atomic Fireball partner Alana Harkin.

Their online column Eating Over the Sink, hosted by Babble.com, traces the ups and downs of raising children. Bee posts from New York while Harkin writes from Toronto.

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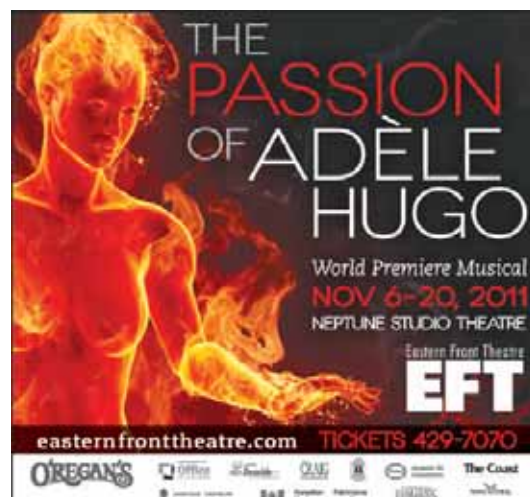
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HAAAA.COM/CONCERTS



► Samantha Bee is flanked by Matt Watts, left, and Bob Martin in Michael: Tuesdays and Thursdays.



J.Lo rebounds with hot backup dancer

► His name is Casper Smart and he's not into wearing shirts ► His special skills include 'krumping, acrobatics, breaking and popping'

THE WORD

DOROTHY ROBINSON
SCENE@METRONOVS.CA



Jennifer Lopez has a thing for backup dancers.

Not only was her second husband, Chris Judd, one (before he got that sweet, sweet divorce settlement, that is) but it seems like her new rebound, Casper

Smart, is one as well.

The rhythmic Smart has, according to his personal website caspermart.com (which he has since taken offline since *Us Weekly* broke the news that he and Lopez are dating), had a role in *Honey 2* and was a dancer in *Step Up 3D*.

His special skills include "krumping, acrobatics, breaking [and] popping."

Another skill? He's never in a shirt!

A source tells *Us Weekly* that he's "popular with the ladies because he goes shirtless!"

So there you have it. Jennifer Lopez is now into men who can krump, break, pop, and not clothe themselves.

Kardashian is back in the news (again)

Be careful about what you say about Kim Kardashian.

The newly single reality star has hired lawyer Marty Singer to silence Jonathan Jaxson, who says he is her former publicist and claims her 72-day marriage to bas-



► Jennifer Lopez

ketball player Kris Humphries was a giant farce, according to *TMZ.com*.

On Friday, Jaxson told *Good Day L.A.*, "The whole show itself was staged to a T."

Earlier, he told the *Elvis Duran Morning Show*, "She knew weeks before getting married she didn't want to

do it. She's never gotten over [former boyfriend/NFL player Reggie Bush]."

Kardashian is suing Jaxson for \$200,000, a sum that seems low for a Kardashian.

But maybe she's just trying to raise some capital to pay the return postage on all of those wedding presents she has to return?

Celebrity tweets



iPhone's SmartType feature really doesn't want me to describe things as "rockin'." I guess it is smart.



@diablocody

@Joan_Rivers

The Conrad Murray verdict has made me realize that Michael Jackson's life and death has touched more people than even Herman Cain.



@ActuallyNPH



Break a leg, @BillyCrystal. The Oscars are lucky to have you.

@jasonsegel



This is the best day ever. So many new friends already. I will do my best to make equal time for most of you

Madge opens up about men

Madonna puts a lot of thought into her boyfriends.

"I don't necessarily like to use the word lover because it sounds like they just come over and have sex with you. I aspire to more than that, and I need more than that," the singer, who is currently dating French breakdancer Brahim Zaibat, tells *Harper's Bazaar*.

"It's also important that my children admire and respect this partner that I would choose for myself. Especially for my sons, who have their father, but they need a male role model as well. So I need to keep this



► Madonna

in mind: What is this person modelling to my sons, what kind of man is he, what values does he have, what energy is he giving off? Because they are impressionable. It's so important." ● METRO



► Kim Kardashian

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Are you over-parenting?

► Parents feel like they need to micromanage their children's every move so they fulfill their true potential ► But a more relaxed, hands-off approach to parenting takes pressure off kids and parents



EMMA E. FORREST
LIFE@METRONWS.CA
METRO WORLD NEWS IN LONDON

Being a parent is a stressful job. These days, you're not only expected to cover the basics — love, food, clothing, schooling, junior taxi service, but our perfectionist culture tells parents that we must also execute a punishing schedule geared to transforming our child into star pupil, tennis champ and school musical lead.

But hyper-parenting — where parents push their kids in the name of “fulfilling their potential” — doesn't necessarily lead to happier, healthier, more successful kids. Not every child can be the next Ronaldo or Picasso, and parental pressure and over-involvement can lead to children's anxiety, fear of failure and inability to be self-reliant.

Economist Dr. Bryan Caplan caused a stir earlier this year with his book, *Selfish Reasons to Have More Kids: Why Being a Great Parent is Less Work and More Fun than You Think*, which suggested that hot-housing has little long-term effect on your child. Caplan points out that studies on twins and adopted kids show that the long-term effects of parenting have little impact on a wide variety of outcomes including health, happiness, intelligence and success.

Children can't be molded, he says. Like flexible

“Hyper-parenting is exhausting. It turns childrearing into a cross between a competitive sport and product-development”

CARL HONORE

Tips

SLOW PARENTING



CARL HONORE
SLOW-PARENTING ADVOCATE

- Experiment with not reading parenting manuals and websites for a week. Try to work out your own style of parenting and what works best for your family rather than worrying about what everyone else is doing.
- The next time you take your child to the playground, resist the temptation to jump in and co-play at every turn. Back off so your child can play on her own or with other children.
- Schedule a few hours each week that are free of structured activity when the family can rest, chat, play games, cook together — whatever you feel like when the moment arrives.
- Let your children tell you how school went today, rather than demanding a full debriefing the moment they step through the door.

plastic, they respond to pressure but return to their original shape when pressure is released, so there's no point trying to change them. “Even happiness is not something that parenting makes or breaks,” says Caplan.

Because you can't change your kids, pushing them to excel is a waste of time and a burden on your relationship with them, say supporters of a new type of more serene parenting.

“We all want the same thing: for our children to be happy and healthy and to reach their full potential,” says Carl Honore,



► Playing in the leaves is more fun than soccer coaching, for you and your children.

CASE STUDY

Wise mom: “I refuse to compete”

Sarah is a mother of two from Vancouver:

“It is my belief that we move from competing with our peers (with jobs, experiences, money, homes, cars, etc.) to competing with our peers

through our children (number of languages they speak, their grades, how many laps they can swim, etc.).

I have taken a strictly conscious decision to not engage in that.

The number of activities that some of my kids' peers do is nuts. Some play hockey five times a week, piano, soccer and have extra tutoring — It takes parents, grandparents and nanny to keep that schedule. I've seen

kids who are tiny for their age, always tired and never have time for unstructured, creative play with kids their age. Makes me wonder what important part of them is not being developed.

I see a lot of parents here forget that the foundation of their family — of their children — is the relationship between the parents. When that crumbles, the whole show goes down!

● EMMA E. FORREST

slow advocate and author of *Under Pressure: Rescuing our Children from the Culture of Hyperparenting*. “And we can all have this if we get the right balance between doing too much for our children and doing too little.”

Focusing less on kids is better for parents, too. Those who over-parent are three times more likely to suffer depression and anxiety, according to clinical psychologist Dr. Madeline Levine, who believes that over-involved parenting is parents' way of correcting what they saw as wrong in

their own lives. It's also better for your kids if you invest in your relationship.

“Hyper-parenting is exhausting. It turns childrearing into a cross between a competitive sport and product-development,” says Honore. “It's tiring, expensive and stressful. All this puts a squeeze on a marriage, with both partners feeling tired and overstretched. They also have less time to spend together on their own. Ultimately, it can break a marriage.”

But if we all want the best for our kids, how do we get a balance between

providing opportunities and being hands-off? Caplan says if you're consciously thinking about your parenting style, you're already on the right track. “Ignore the panic and peer pressure; your child will be fine,” Honore advises. “Trust your instincts. Find your own way to parent. Listen to and observe your child.”

“A child is not a project or a trophy or a piece of clay you can mould into a work of art. A child is a person who will thrive if allowed to be the protagonist of his own life.”

Over-parenting



Economist Dr. Bryan Caplan shares signs to help you know if you're over-parenting.

- You find yourself yelling at your kids when you're in the process of doing something that is for their “benefit”. The activity is hurting the relationship for the sake of a future benefit you can't guarantee.
- Your child doesn't sleep through the night after three months. Train him to sleep, rather than always going into his room.
- You're en route to an activity, and both you and your kid can't face it. If your child is complaining and you're thinking you can't be bothered to go, it's clearly become a chore.



British study: Should clocks move forward so kids can play outside longer?

Go red this soup season

► Pull out the slow cooker and make this red pepper soup that beats the cold with its hearty texture, combo of veggies and spices ► Top it with feta



► This recipe serves six.

It's about that time to dust off the slow cooker for another season of simmering savoury meals and delicious

soups. Here for soup lovers is a tempting recipe for a roasted red pepper soup to tantalize the taste buds.

Preparation:

- 1 In bowl, combine feta, oregano, half ground pepper. Set aside.
- 2 In slow cooker, combine onion, carrot, celery, tomatoes, red peppers and broth.
- 3 Secure lid and cook on high for 4 to 6 hours or 8 to 10 hours on low.
- 4 Working in batches in a blender, food processor or using a hand immersion blender, purée the soup mixture to your desired consistency.
- 5 Return to slow cooker and hold on warm until ready to serve. Stir in lemon juice and remaining pepper before serving. Garnish each

Ingredients:

- 125 ml (1/2 cup) crumbled feta cheese
- 5 ml (1 tsp) finely chopped fresh oregano
- 2 ml (1/2 tsp) freshly ground pepper, divided
- 1 each onion and carrot, chopped
- 1/2 celery stalk, chopped
- 1 can (796 ml/28 oz) diced tomatoes (undrained)
- 1 l (4 cups) bottled red peppers, chopped
- 1 l (4 cups) sodium-reduced beef or chicken broth
- Juice of 1 lemon

serving of soup with 30 ml (2 tbsp) of the feta mixture.

THE CANADIAN PRESS/
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Rose Reisman's Swap It

Instant noodles are one of the most popular choices for students. But if you grab the wrong type, you're looking at major amounts of sodium.



MR. NOODLES BEEF SOUP (ENTIRE BOWL)

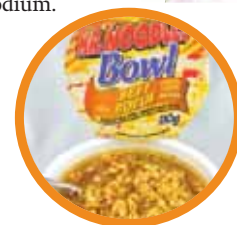
580 CALORIES/ 22 GM FAT/ 2,860 MG SODIUM



SWAP IT!

CAMPBELL'S HEARTY BEEF SOUP (2 PACKS)
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IF SOUP IS YOUR CHOICE, SWAP IT FOR CAMPBELL'S. IT'S STILL HIGH IN SODIUM BUT HAS VIRTUALLY NO FAT.



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[FOR MORE, VISIT ROSEREISMAN.COM]

Arugula and tomatoes shine in pasta

► This dish is ideal for a weeknight meal ► It's great when served with a dollop with ricotta cheese

Preparation:

- 1 In a skillet, heat the oil over medium heat. Cook garlic, anchovy paste and hot pepper flakes 1 min. Add tomatoes, chopped basil, salt. Bring to a boil. Reduce heat and boil gently, stirring 15 mins. or until thickened.
- 2 In a large pot of boiling salted water, cook the potatoes and pasta for 10 minutes or until pota-

atoes are tender and pasta is al dente. Drain and return to pot. Pour sauce over pasta mixture and toss to combine. Add arugula and Parmesan cheese and toss well. Scoop into pasta bowls to serve.

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA

Ingredients:

- 2 tbsp (25 mL) olive oil
- 3 cloves garlic, minced
- 1 tsp (5 mL) anchovy paste
- ¼ tsp (1 mL) pepper flakes
- 1 can diced tomatoes
- ¼ cup (50 mL) fresh basil
- ½ tsp (2 mL) salt
- 2 potatoes, chopped
- 1 bag (500 g) rigatoni
- 2 cups (500 mL) baby arugula
- 3 tbsp (45 mL) Parmesan

We're looking for CANADA'S TOP 25 IMMIGRANTS!



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Seeking to uncover and celebrate the stories and remarkable achievements of outstanding Canadian immigrants, this national people's choice award is the only one of its kind that recognizes individuals who've made a difference since their arrival in Canada.

If you know an immigrant who has made a positive impact – large or small – to the fabric of Canada, you can go online and nominate him or her today at canadianimmigrant.ca/top25.

canadianimmigrant.ca/top25

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Learning by recycling

► Tech it Away program gets high schools involved in rounding up and recycling unwanted electronics



BEN KNIGHT
LIFE@METRONEWS.CA

Recycling old electronics is a baffling business for many Canadians.

Sure, we know where to put our used bottles and newspapers.

But computers, televisions and discarded cell-phones?

Not so sure.

That's why Best Buy Canada set up Tech it Away, a program that gets high schools actively involved in rounding up and recycling unwanted or obsolete electronics.

"The program originated from the idea of making

sure that people understand the importance of recycling their electronics," says Danielle Jang, communications manager for Best Buy Canada.

"There's a lot that goes into it, and we wanted to make sure that we took responsibility for that, spreading the word and working with the younger generation. They get excited about it, and they can see the results of it as well."

Ten selected schools, in Vancouver, Calgary and Toronto held community recycling drives last month.

In the competitive, high-turnover field of elec-



► They have added a sculpture competition to the event.

tronics, the company feels campaigns like this are essential.

"There's new technology out there that's better for the environment, and we want people to start using that instead," Jang explains.

"And then we want to take the old electronics that they have and recycle them properly."

Each participating school receives a grant of up to \$10,000, earmarked for the purchase of newer, more energy-efficient electronics.

And there's an artistic element as well.

"This year, we added a sculpture competition. Students took some of the collected electronics, and were tasked with the challenge to create a sculpture. The winner was actually from Downsview Secondary School in Toronto. It's a really cool sculpture of a tree. They used wires, the keys on a keyboard, the insides of a mobile phone, and they constructed a really neat sculpture of a tree. It's pretty cool."

"There's new technology out there that's better for the environment, and we want people to start using that instead. And then we want to take the old electronics that they have and recycle them properly."

DANIELLE JANG

The program has sparked some healthy, eco-friendly competition between rival schools, each eager to collect more disused gizmos than their local rivals.

"The kids got on board really quickly," says Jang. "They're out there telling their friends and families and their community to bring everything that they've got in their basements to drop it off. They get excited about that."

For more info, check out bestbuy.ca.

Contact

Want to bring this program to your school?

► Contact New regions are

being considered for 2012. If you are interested you can contact Vicky Foley, community relations manager for Best Buy, at media@bestbuycanada.ca.

The heat is on to get off electricity.

You could save thousands of dollars on the cost of substituting electric heat with wood or pellets. To be eligible for rebates you must be pre-approved and have installation completed by December 31.

Participation in this program is limited and will be determined on a first come, first served basis. So, get in touch with us soon.

Whether you want to get off electric heat altogether or just want to supplement it, you can get major rebates on new equipment. Rebates can amount to thousands of dollars in savings right now. And you'll save even more over the long term.

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*Based on an average Nova Scotia home and peak fuel costs from 2007-2010.

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the 9 spot

Top 5: November 11th

- Alexandra Stan - Mr. Saxobeat
- Hedley - Invincible
- LMFAO - Sexy and I Know It
- Katy Perry - The One That Got Away
- Cobra Starship - You Make Me Feel

Weeknights at 9pm
Tessa counts down the **HOTTEST 5** songs that day!

1013THEBOUNCE.COM

ECO-FRIENDLY FLOWER SERVICE BLOSSOMING

Are there any companies that create and deliver eco-friendly flower arrangements? *Karly of Vancouver*

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA



My first suggestion: Ask your favourite florists if they have local, seasonal and pesticide-free flowers. Those three factors alone ooze eco-friendliness.

You're smart to avoid flowers that have been shipped from far, far away, and not just because of their carbon footprint.

Many cut flowers come from developing countries, where growers use toxic pesticides banned in

Many cut flowers come from developing countries, where growers use toxic pesticides banned in Canada

Canada. And no one tests imported flowers for pesticide residues.

The florist might look at you funny, but when it comes to cut flowers, many of us shop with our noses. It's time we greened up our bouquet shopping skills. The more who ask our local florists for pesticide-free blooms from local farmers, the quicker they'll clue in.

Another suggestion is to

search Veriflora.com. Veriflora is a sustainability certification program for fresh cut flowers and potted plants. Search their site by province for a company that abides by their agricultural sustainability certification and eco-labelling program.

A Google search might also turn up companies that sell organic or Fair Trade Certified bouquets.

Many I found online only deliver in the U.S. — OrganicBouquet.com and Flowerbud.com — but join them on Facebook and you'll know when they branch into Canada.



David
Suzuki
Foundation



► It's time we stepped up our green bouquet skills.



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She's writing her own destiny

◆ Kathleen Mailer is a multi-hyphenate businesswoman with a story to tell ◆ Do you have the knack to pen a novel?

TURNING POINT

TERESA KRUIZE
LIFE@METRONEWS.CA



"We grew up in poverty and my Dad worked 24-7 to feed our family. At the end of his life he said, 'You're a mentor. Don't let people suffer the

way mom and I did. Go out there and make a difference."

That was 12 years ago and today, Kathleen Mailer is a motivational speaker, Canada's leading authority on self-publishing, a business mentor, pastor, philanthropist, editor of Today's Business-woman magazine and the author of 38 books.

"I realized life is too short to sit on your dreams. You have to it now. Make a decision and

You CAN make money writing....

Poetry: Greeting card companies will love you.

Book reviews: Magazines are always looking for the right person to partner with.

Copy writing: Write copy for business owners, brochures and websites.

Letter-writing: Help the elderly, sick or disabled pen letters or their memoirs

Articles: Again, magazines are always looking for your point of interest.

Resumés: Help them get the job every time!



► For more information on Kathleen Mailer's work and workshops, visit kathleenmailer.com.

Pick up the pen

Why should you write a book?

- Great lead generator for your business
- Positions you as an expert

- Easier to get media attention with a book
- Cash-flow machine
- Builds credibility
- Online resource that will leave a legacy
- Your moral obligation – don't hoard your story! Share it!

quit thinking, 'One day I'm going to...'. Get over your fears and past the inner terrorist that tells you can't do it. Tell them to go away."

Have you ever wanted to write a book? Kathleen will be holding workshops across Canada in

the coming months.

"It's really easy to write books but a lot of people don't realize it."

Take Kathleen's advice and make it a turning point for you. Make a decision, move forward and kick that 'inner terrorist' to the curb.

To creep or cash in?

New grads are facing higher unemployment rates than they've ever had to deal with before. It's no wonder we are hearing cries on the subject from the early 20s crowd. A new study, though, could raise some eyebrows over their priorities when it comes to careers.

The results of the U.S. study, conducted by Cisco and published by Hot Hardware, show that new college graduates care more

about access to social networking sites than they do about salary when considering a job offer.

Shocked? About 56 per cent of the 2,800 students and young professionals polled across the globe are so turned off by the idea of logging out that they would most likely turn down or ignore a job offer from a company that banned those social networking sites.

The ability to work remotely also proved more

important than pay. About 40 per cent said they would actually accept less money if it meant they could telecommute and use social networking sites on whatever device they wanted to while working.

A flexible work schedule was another plus — about one-third of respondents said it is their right, not privilege, to have flexible hours and permission to work remotely.

● METRO WORLD NEWS



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Insulin pump therapy is NOT recommended for people who are either:

- Unable to perform at least four (4) blood glucose tests per day
 - Unable to maintain contact with their healthcare provider
 - Unable to use the System according to instructions
- Do not use the integrated FreeStyle[®] Blood Glucose Monitoring System for:
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 - Testing arterial blood
 - Diagnosing or screening for diabetes mellitus



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STOCKBYTE/THINKSTOCK

KEEPING DIABETES IN THE SPOTLIGHT

Today is World Diabetes Day. This day marks the 120th birthday of Canadian Frederick Banting, who, more than 90 years ago, discovered insulin, a drug that is responsible for helping some of the 366 million people with diabetes around the world maintain a healthy life.

And yet, just shy of a century after it was discovered, many people are still unable to access the essential care they need. They are denied the right to a healthy future and, in many cases, the right to life.

Every year, more than four million people die from diabetes, and tens of millions more suffer disabling and life-threatening complications such as heart attack, stroke, kidney failure, blindness and amputation.

Diabetes also has negative consequences for certain infectious diseases, other non-communicable diseases (NCDs) and for mental health.

Diabetes is not only a health crisis, it is a societal catastrophe. Governments worldwide are struggling to meet the cost of diabetes care.

It is my hope that World Diabetes Day 2011 will carry forward the momentum started last September, when 193 heads of government and state signed a political declaration at the United Nations in New York. This



Jean Claude Mbanya

KNOW THE WARNING SIGNS

Know the signs and symptoms of diabetes. Early diagnosis saves lives. They can include:

- Unquenchable thirst.
- Frequent urination.
- Weight loss.
- Increased hunger.
- Blurry vision.
- Irritability.
- Tingling or numbness in the hands or feet.

momentous declaration was a product of the first ever meeting on the control and prevention of NCDs, including diabetes.

Today gives us the chance to come together and raise awareness of one of the deadliest epidemics of the 21st century, but it also gives us the chance to reflect on how we can help turn diabetes advocacy and rhetoric into action throughout the world.

Join the international diabetes community in celebrating this World Diabetes Day. Whether you choose to dress in blue, floodlight a local landmark in blue or alert a local government representative to the impact of diabetes in your community, we all have a part to play today.

It is time we stopped sleepwalking into a sick future. Act on diabetes, now.

— Jean Claude Mbanya, president, International Diabetes Federation

5TH ANNIVERSARY FOR CREDIT EDUCATION WEEK

In 2007, Credit Canada and Capital One Canada teamed up to create the first Credit Education Week Canada (CEWC), with the objective to raise public awareness and educate Canadians about the many issues and challenges they face managing their finances, spending and savings.

Now in its fifth year, CEWC 2011 will be looking at Canada's "Sandwich Generation" and the unique financial pressures they face.

Did you know:

- Eighty-two per cent of Canada's Sandwich Generation are not financially prepared, or don't know if they will be able to support their aging parents.
- One-third of those Canadians who support both a child and aging parents provide more than \$500 per month to support their parents.

Beginning today, and running through

COMPELLING STORIES

Credit Canada and Capital One Canada sponsored a contest asking people to share their inspiring or compelling stories about how they conquered their credit issues and how it changed their life. Contributors were asked to share their stories in 300 words or less.

Dale Koe of Toronto submitted the winning entry worth \$5,000, Dawn Erstelle from Winnipeg took home \$2,000 for the second-place story, while Esme Gosling from Pender Island, B.C., cashed in the third-place entry, which was worth \$1,000.

CONQUERING CREDIT

to Friday, more than 100 events and financial literacy workshops at YMCAs and community centres across the country will occur under the Credit Education Week banner thanks to the support and funding of all sponsors.

Tomorrow, the founding sponsors of CEWC — Credit Canada and Capital One Canada — will officially kick off the week with the launch of its Professional Development Day at the Toronto YMCA.

The event launch, hosted by Alison Griffiths, host of the television program

Maxed Out, is a unique opportunity for financial industry leaders to bring consumer awareness to the myriad of financial issues impacting Canadians, as well as show their support and commitment to financial literacy initiatives.

The day will feature an impressive slate of speakers from media, not-for-profit and key government agencies, who will discuss the many financial management issues affecting Canada's Sandwich Generation. Neil Pasricha, author of The Book of Awesome, will deliver the

event's keynote address.

CEWC 2011's event launch is free and open to the public.

The climax of every CEWC is the dinner gala, which will be held Wednesday at the Four Seasons Hotel in Toronto. The gala will be hosted by CTV's consumer affairs expert Pat Foran, while bestselling author and international entrepreneur Debbie Travis will deliver the gala's keynote address.

For more information about CEWC 2011, go to cewc.ca.

THANK YOU TO OUR CREDIT EDUCATION WEEK CANADA 2011 SPONSORS



COSTLY APPEARANCES

DALE KOE SHEDS EXPENSIVE CLOTHES, LIVING WITHIN BUDGET

"Do you think that looks good? People will LAUGH at you," my dad would say when I was a teenager.

He used to berate me for wearing baggy clothes (which were "in" by the way). Maybe I took it to heart because shortly after I grew an appetite for expensive cottons, custom tailoring and, of course, show-stopping accessories.

I wake up on my 1,200 thread-count bedsheets, turn over on my side and look at my Omega watch — 6 a.m. I hate getting up sometimes, especially after having expensive takeout at 11 p.m. right before bed.

So I drag myself off to the shower and do my thing, come back to my room and look in my closet. Thinking about it, there must be more than \$4,000 worth of clothing in there.

Well, keeping up appearances is important, right? Right! So who will I be today? Hugo? Giorgio? Mr. Lauren? I choose Hugo and head off to class.

Skip ahead three years, after I discovered my taste in finer clothing wasn't just a small expense, but had accumulated to thousands of dollars worth of debt. I was unemployed while going to university, living on

student loans and my credit cards. I had to rethink my entire budget (if there ever was one) because, hell, I needed to eat.

Now, I'm living with the budget, slowly chipping away at my debt. Last week, I shopped for clothes at an "Honest" discount store in Toronto; I bought three sweaters, a jacket, and a pair of pants for \$49. If only I had thought of entrusting my appearance to Ed, instead of Yves, Tommy, and Mr. Ferragamo sooner I would be eating fresh fruit from a bowl instead of eating processed fruit from a can.

GRAND PRIZE WINNER (\$5,000)



DAWN ERSTELLE TAKES REALISTIC APPROACH TO ELIMINATE DEBT

THE YEAR: 2010.

THE GIRL: 27 years old, no savings, no RRSPs, \$10,000 student loan debt, \$4,000 credit card debt, \$30,000 annual income.

THE PROBLEM: I spent more than I earned and wagered on a wealthy future self.

After five hopeful years without a lottery win or large inheritance from an estranged family member, it was time to take a more realistic approach. I decided to make a lifestyle change.

Here's the thing, frugality is seen as a dull means to a long-awaited end when you are in your 20s and want something NOW.

Nobody is marketing responsible money management as cool, or advertising that savings accounts instead of personal loans will make you happy. Hardly anybody proclaims how much fun it is to save instead of spend, and few announce that it's hip to buy second-hand or not buy at all.

Luckily, I'm pretty secure with my



level of cool, fun and hip so I had no qualms about experimenting with "conscious spending" two years ago.

I pared down my monthly expenses and attempted to purchase only necessary stuff like concert tickets, coffee and beer. I sold lots of my possessions, including my car, and decided not to upgrade any of my tech devices. I have primarily bought my clothes at thrift shops and made the

majority of my meals at home.

Admittedly, this may sound like an unattractive situation, but here's the sexy part ... in two years:

- I have \$10,000 in my "living the

dream" savings account.

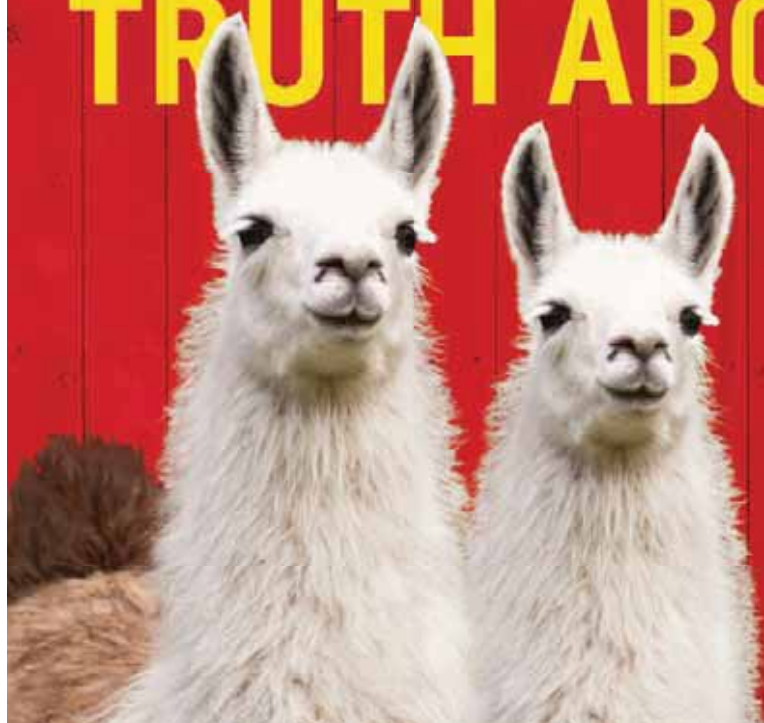
- I have eliminated all \$4,000 in credit card debt (the student loans are slowly dwindling).
- I have \$2,000 in an RRSP account.
- I have built healthy saving/spending habits

My living the dream muse? I'm flying to Asia this winter — seven countries, six months, zero days at the office and infinite possibilities!

**SECOND PLACE
WINNER (\$2,000)**

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DON'T SAY IT

THIRD PLACE WINNER (\$1,000)

Second date, much the same, but we did a lot of talking, and women love talking! As things progressed, it's true that he didn't buy me flowers or gifts (too predictable) — heck, he didn't even buy groceries, even though he was practically living with me at that point.

OK, you guessed it: Suddenly, he was living with me and how could I ask him to pay rent given how much he was doing around the house to help out? Doing what? Well, just stuff. You know. I, personally, didn't know because I was at work, but, you know.

But what woman wouldn't give anything for a man who would be there at the end of the day with a cup of tea, a hot bath, and yet another downloaded movie? I wouldn't give anything for it, but I did end up giving, approximately (OK, exactly) \$12,958 a year for it. (Times two because I'm a slow learner in some ways, so it took me a couple of years.)

Finally, even I had to admit that while money doesn't buy happiness, it sure goes a long way towards rent and groceries. So, yes, mom, you do have my permission to do extensive financial background checks on the next man I bring home — as long as you don't say you told me so!

MAYBE ESME GOSLING SHOULD HAVE LISTENED TO HER MOM

Don't tell my mother, but she might have been right. I didn't want to admit it at the time, but a question like, "So, how do you earn a living?" might have

been a good one.

Instead, I thought, "What does it matter? We're in love!" So what if our first date was spent at his house —

well, his sister's house actually — watching a video that he downloaded and drinking Red Rose tea? It wasn't cheap, it was cosy.



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**CONSUMER
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Practical Money Skills
Canada



Sandwich Generation: Canadians financially responsible for both parents and kids



82% aren't financially prepared, or don't know if they will be, to support aging parents

1/3 provide more than \$500 a month to support parents

2/3 are accumulating more debt

55% worry that supporting aging parents will impact their own retirement.

Source: Credit Canada / Capital One survey, conducted Sept. 2011 with 830 Canadians.

Top Tips for the Sandwich Generation

1. See if you are eligible to claim the caregiver tax credit if parents over 65 live with you
2. Teach your children money skills, so they become financially independent sooner
3. Talk about your parents' financial realities before there is a care-giving crisis

for more financial tips from Visa, visit

practicalmoneyskills.ca

Axemen 'know the job's not done'

Riding the exceptional play of quarterback Kyle Graves, the Acadia Axemen are a win away from playing for the Vanier Cup.

The Axemen punched their ticket to the national semifinal on Saturday in Wolfville with a 39-20 win over the Saint Mary's Huskies in the Loney Bowl, capturing their first Atlantic University Sport football championship since 2006.

Graves, minted the con-

ference's most valuable player on Friday, also took the championship game's MVP honours after gashing the Huskies' defence with three rushing touchdowns.

"It's great, we're all ecstatic right now but we know the job's not done," said fourth-year Axemen receiver Mike Squires of Halifax. "We still have two more games to get to our goal and that's the Vanier."

The Axemen will play McMaster Friday in Mon-

ton in the Uteck Bowl while Calgary hosts Laval in the Mitchell Bowl. The winners play for the Vanier Cup Nov. 25 in Vancouver.

Graves, who also completed 12-of-16 passes for 170 yards and ran for 78 yards on 10 carries, will be front and centre again.

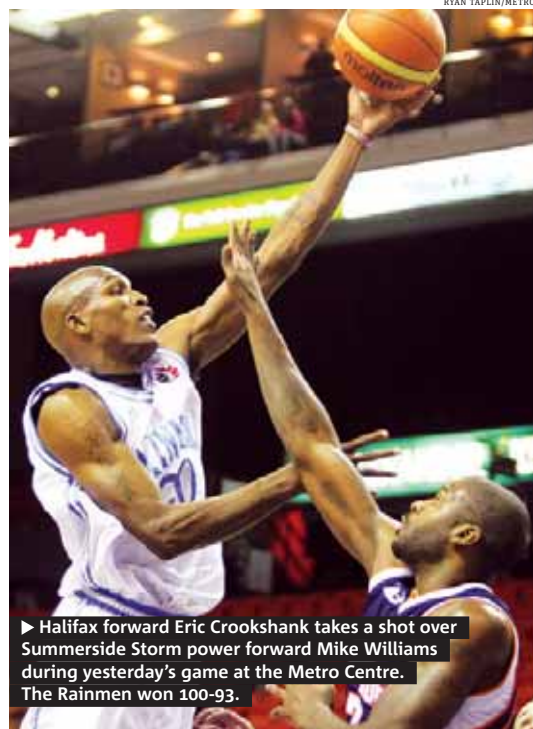
"We have a long run (ahead of us) and he's our leader, so we have to rally behind him to get to the top," Squires said.

● MATTHEW WUEST



► The Acadia Axemen celebrate Saturday's win over the Saint Mary's Huskies in the Loney Bowl.

Rainmen rejuvenated in Halifax



► Halifax forward Eric Crookshank takes a shot over Summerside power forward Mike Williams during yesterday's game at the Metro Centre. The Rainmen won 100-93.

- Club regains footing with back-to-back home wins
- Record improves to .500 with win over Summerside



MATTHEW WUEST
@METRONEWS.CA

The Halifax Rainmen went small and won big.

With no starting centre after the unceremonious departure of DeAndre Thomas last week, the Rainmen's starting lineup features no one taller than six-foot-seven. Yet they beat the Summerside (P.E.I.) Storm 100-93 before a crowd of 2,021 at the Metro Centre yesterday afternoon.

Combined with last Thursday's 121-95 home win over the Moncton Miracles, the Rainmen evened their record at 2-2.

"Right now we don't have a big man so we have to scrap and fight," said Rainmen guard Orien Green, who knocked down

a team-high 21 points. "That's what we came out and did. We were small, but we fought through it and scrapped and came out with the win."

Other than several brief stretches in the first half, the Rainmen led all game and played lock-down defence in the fourth quarter to pull off the win. The Storm narrowed the deficit to three points, 85-82, with 5:35 to play, but managed just eight points down the stretch.

"When they started to come back, we were a little tired, they were hitting all their shots, and our defence wasn't in it," said Rainmen guard Joey Haywood, who chipped in 17 points. "But after a timeout, coach said 'Let's play some defence.' That's what we did and we won the game."

It certainly didn't hurt having substantial contributions from newcomers such as Green and Haywood.

Haywood, a Vancouver native who starred for the Saint Mary's Huskies the past three seasons, has made an instant impact since signing with the Rainmen. He also had 21 points to lift Halifax to victory on Thursday.

Green, meanwhile, signed on Wednesday and showed why he played a full NBA season with the Boston Celtics back in 2005-06.

"I was just picking my spots, you know what I'm sayin', taking good shots when I had them," Green said. "It was a team effort."

The Rainmen host the Saint John (N.B.) Mill Rats on Friday at 7 p.m.

Drouin shows interest in Moose

The Halifax Mooseheads are hoping their lineup will get an unexpected boost from Jonathan Drouin in the near future.

Drouin, the team's second overall pick in June, who decided not to report to training camp at the last minute, was in town on Friday to learn more about what the Herd have to offer.

Head coach Dominique Ducharme said Drouin is having "second thoughts" about his decision to play

Winless weekend

The Mooseheads lost both games on the weekend to fall to 13-6-2, tied for sixth in the QMJHL.

- They fell 4-3 on the road to the first-place Saint John Sea Dogs and suffered a 3-2 home shootout loss to the Baie-Comeau Drakkar on Friday.

midget AAA for the Lac St-Louis (Que.) Lions, where

he has a league-leading 45 points in 16 games.

"He's seeing the success (of other top picks) (Nathan) MacKinnon, (Anthony) Duclair, (Adam) Erne and (Zach) Fucale are having and realizes he could have the same success," said Mooseheads general manager Cam Russell. "He's starting to get more interested in the next step."

Drouin's decision could come any day, Russell said. ● MATTHEW WUEST

AUS SOCCER

Silver weekend for Huskies

The Saint Mary's Huskies are taking home silver from the Canadian Interuniversity Sport men's soccer championship in Victoria, B.C.

The Huskies fell 3-1 to the host Victoria

Vikes in yesterday's gold-medal game.

Second-year striker Elvir Gigolaj scored the lone goal for Saint Mary's, his fourth in three games at nationals and his ninth in six post-season games.

Three Huskies were named all-stars, with Gigolaj leading the way followed by keeper Adam Miller and midfielder Derek Gaudet.

The Cape Breton Capers won bronze. ● METRO



► Elvir Gigolaj

Up and down

AUS basketball

The Saint Mary's Huskies women's basketball team improved to 3-1 yesterday with a 63-51 road win over the UPEI Panthers. The men's team (1-3) lost 92-77.



AUS Hockey

The Dalhousie Tigers men's hockey team has lost eight straight games after 9-2 and 6-3 home losses to the UNB Varsity Reds and UPEI Panthers on Friday and Saturday.

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Ticats get a playoff win

► Porter's OT touchdown against Als gives Hamilton first post-season victory since 2001

The Hamilton Tiger-Cats' decade of playoff frustration is over, and so is the Montreal Alouettes' reign as Grey Cup champion.

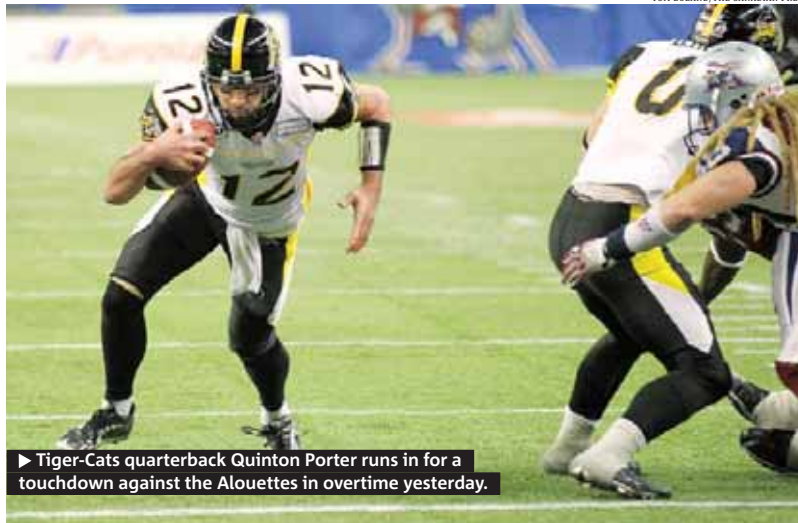
Quinton Porter ran in from the one-yard line for a touchdown in overtime and the Tiger-Cats' defence stoned the Alouettes as Hamilton won a thrilling CFL East Division semifinal 52-44 over Montreal yesterday.

It was the Ticats' first playoff victory since they beat Montreal in the 2001 semifinal. They will face the Blue Bombers in Winnipeg in the East final next Sunday.

"I'm excited for us to go through what we went

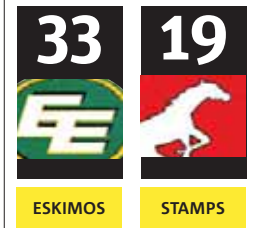


through and still win, it shows a lot about the team we are," said quarterback Kevin Glenn, who came back from a nasty hit in the third to guide his team through a wild 38-point fourth quarter. "We get knocked down but we get back up. That's what we're about." **THE CANADIAN PRESS**



► Tiger-Cats quarterback Quinton Porter runs in for a touchdown against the Alouettes in overtime yesterday.

Eskimos roll past Stamps



The Edmonton Eskimos capitalized on shoddy tackling and turnovers to beat the Calgary Stampeders 33-19 in the CFL's West Division semifinal yesterday.

The Eskimos will travel to Vancouver next Sunday to play the B.C. Lions for the right to represent the West in the Grey Cup.

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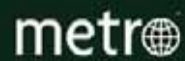
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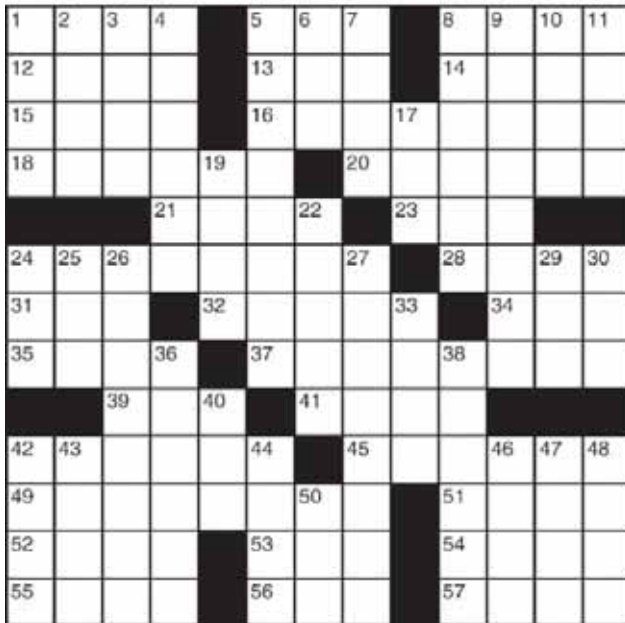
Crossword

Across

- 1 Soft muddy stuff
5 Swabbie's tool
8 Cinderella's horses, really
12 Apiary structure
13 Anger
14 Out of control
15 Iowa city
16 Slapstick missile
18 Joan of Arc, for instance
20 Slanders in print
21 Cambodia neighbor
23 "Le Coq —"
24 "Old soldiers —"
28 Use a strainer
31 Opposite of 24-Down
32 "No man is an island" poet
34 Lincoln, to pals
35 Safecracker
37 Be dishonest
39 Historic time
41 Thin streak of smoke
42 Thespians
45 Concealed
49 Formal attire
51 Architect Saarinen
52 Tardy
53 Grecian vessel
54 Pet shop enclosure
55 Basin accessory
56 — relief
57 Grandson of Eve

Down

- 1 Fraud
2 Peru's capital
3 Finished
4 Mortar's partner

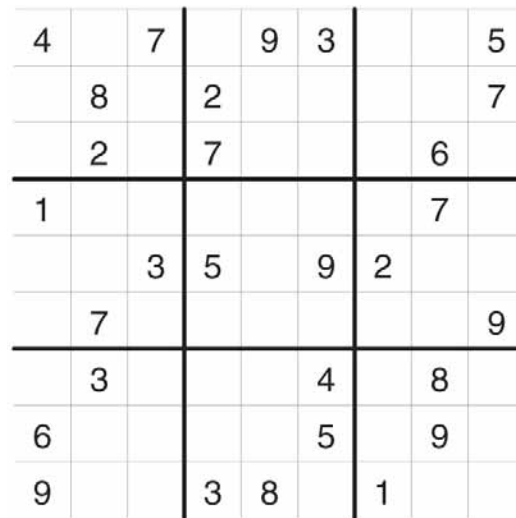


- 5 Teeny-tiny photo reproduction
6 Bobby of hockey lore
7 Rind
8 Ballroom dances
9 Royal
10 Spring shape
11 — out (supplements)
17 Help
19 Three feet
22 Muscle connector
24 Opposite of 31-Across
25 Storm center
26 Produce plants
27 Peps up
29 Justice Dept. agcy.
30 Golf ball holder
33 Otherwise
36 Food merchant
38 Each
40 Noah's boat
42 Competent
43 Talon
44 Half a ticket
46 Slender
47 Therefore
48 Accomplishes
50 Playwright Levin

► Thursday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Thursday's answer ►



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To her

"She cut the stars out of the sky, then she baked them in a pie. That's how I know. She stole the scene and the scenery. I fear this night will drown me. The laws of gravity are very, very strict and you're bending them for your own benefit. But that's how I know. Who's moved this room from around me? Where has it gone? But that's how I know." - B.B. Make a reference. D.G.A FROM FROM HER

Mom

You are the greatest person I know! You have always been there for me, in every way, and I appreciate it so much. I try every day to be there for you because you deserve it! Love you FROM E

Whoever wrote L&L Who are you??? What is this? Strange to me, but maybe it shouldn't be. FROM CURIOUS

Today's horoscope

♈ **Aries** March 21-April 20 Aim to be the very best at what you do this week, and before you know it your name will be up in lights.
♉ **Taurus** April 21-May 21 If there is something (or someone) you truly desire it will be yours by the end of the day.
♊ **Gemini** May 22-June 21 You'll achieve a lot with a minimum amount of effort.
♋ **Cancer** June 22-July 22 You will be helped out by some people and let down by others today.
♌ **Leo** July 23-Aug. 23 If you need to ask a favor of someone

now is the time to speak up.

♍ **Virgo** Aug. 24- Sept. 22 Everything should be going well for you now and if it isn't then it can only be a matter of time.

♎ **Libra** Sept. 23-Oct. 23 You are worrying about something that will most likely never happen, which is a complete waste of time.

♏ **Scorpio** Oct. 24-Nov. 22

You will do as you please today and if certain people don't like it, well, that's just too bad.

♐ **Sagittarius** Nov. 23-Dec. 21

You need to make a change to your career you cannot do.

♑ **Capricorn** Dec. 22-Jan. 20

For today's crossword answers and for expanded horoscopes, go to metronews.ca

You are in such a positive frame of mind at the moment that you honestly believe there is nothing you cannot do.

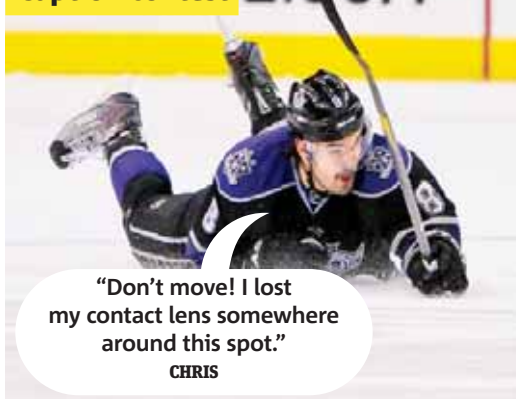
♒ **Aquarius** Jan. 21-Feb. 18

Don't act too quickly on what you think you see or hear today, because chances are your senses are deceiving you

♓ **Pisces** Feb. 19-March 20.

Mars in your opposite sign brings partnership issues to the fore and there may be one or two harsh words spoken. ♀ SALLY BROMPTON

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